

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| OMB APPROVAL | | | | |
|--------------------------|-----------|--|--|--|
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| Estimated average burden | | | | |
| nours per response | | | | |

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Statemen | ` | | 3. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH] | | | | |
|--|--|--|--|---|---|---|--|
| 03/09/2 | .016 | | Issuer (Check | all applicable) | Filed(Mon | 5. If Amendment, Date Original Filed(Month/Day/Year) | |
| | | | X Officer (give title below) | e Other (spe | 6. Individed Applicable 1 X_ Form fi | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | |
| | Table I - Non-Derivative Securities Beneficially Owned | | | | | wned | |
| | 2. Amount of Securities Beneficially Owned (Instr. 4) | | wned | Form: Direct (D) or Indirect (I) | 4. Nature of Indirect Beneficial Ownership (Instr. 5) | | |
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| ond to the c splays a cur | ollection or rently vali | of informat id OMB co | ion contained in t ntrol number. | | · | | |
| 1. Title of Derivative Security (Instr. 4) 2. Date Exercisable and Expiration Date (Month/Day/Year) | | 3. Title and Amount of Securities Underlying Derivativ Security (Instr. 4) | | Price of Derivative | 5. Ownership Form of Derivative Security: Direct | 6. Nature of Indirect Beneficial Ownership (Instr. 5) | |
| Date Exercisable | Expiration Date | Title 1 mile | | Security | (D) or Indirect (I) (Instr. 5) | | |
| i | are are ass of securities cond to the cisplays a cur tive Securities 2. Date Exerand Expirati (Month/Day/Ye) Date | are 0 2. Be (In the collection of the collectio | Statement (Month/Day/Year) 05/09/2018 Table 2. Amount of S Beneficially O (Instr. 4) are 0 are 0 are 0 are 0 are 1 2. Amount of S Beneficially Owned directly owned directly of the collection of informatic isplays a currently valid OMB co tive Securities Beneficially Owned (e) 2. Date Exercisable and Expiration Date (Month/Day/Year) 3. Title and Securities Is Security (Instr. 4) Date Expiration Title Amo | Statement (Month/Day/Year) 05/09/2018 4. Relationship of Issuer (Check X_Director X_Officer (give titl below) President & 2. Amount of Securities Beneficially Owned (Instr. 4) are 0 are 0 are 0 are 0 are 1. Amount of Securities Beneficially Owned (e.g., puts, calls, warr and Expiration Date (Month/Day/Year) 2. Date Exercisable and Expiration Date (Month/Day/Year) 3. Title and Amount of Security (Instr. 4) Date Expiration Date Amount or Number of | Statement (Month/Day/Year) 05/09/2018 WYNDHAM HOTELS & R 4. Relationship of Reporting Persor Issuer (Check all applicable) X_Director I 0% Owner Other (speed below) President & Chief Exec Office 2. Amount of Securities Beneficially Owned (Instr. 4) 2. Amount of Securities 3. Ownership Form: Direct (I) (Instr. 5) are 0 D are 0 D cond to the collection of information contained in this form are not isplays a currently valid OMB control number. 2. Date Exercisable and Expiration Date (Month/Day/Year) 3. Title and Amount of Securities (Instr. 4) Security Security Cond to the collection of information contained in this form are not isplays a currently valid OMB control number. Title Amount or Number of Title Amount or Number of Title Amount or Number of | Statement (Month/Day/Year) 05/09/2018 4. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director | |

Reporting Owners

| | Relationships | | | | |
|--|---------------|--------------|--------------------------------|-------|--|
| Reporting Owner Name / Address | | 10% Owner | Officer | Other | |
| Ballotti Geoffrey A C/O WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054 | X | | President & Chief Exec Officer | | |

Signatures

| /s/ Paul F. Cash as Attorney-in-Fact for Geoffrey A. Ballot | ti | 05/09/2018 |
|---|----|------------|
| **Signature of Reporting Person | | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

Exhibit List Exhibit 24 - Power of Attorney

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

For Executing Forms 3, 4 and 5

KNOW ALL BY THESE PRESENTS, that the undersigned hereby constitutes and appoints each of Paul F. Cash and Steven A. Meetre, signing singly, the undersigned's true and lawful attorney-in-fact to:

- 1. Prepare, execute in the undersigned's name and on the undersigned's behalf and submit to the U.S. Securities and Exchange Commission (SEC) a Form ID, including amendments to such form, and any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934 or any rule or regulation of the SEC.
- 2. Execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or Director of Wyndham Hotels & Resorts, Inc. (Company), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules under such act, and any other forms or reports the undersigned may be required to file in connection with the undersigned's ownership, acquisition or disposition of securities of the Company.
- 3. Do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete the execution of any such Form 3, 4 or 5 or other form or report and timely file such form or report with the SEC and any stock exchange or similar authority.
- 4. Take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of or legally required by the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary or proper to be done in the exercise of any of the rights and powers granted by this power of attorney, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, ratifying and confirming all that such attorney-in-fact or such attorney-in-fact's substitute or substitutes shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers granted by this power of attorney. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, is not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 for the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of 23d day of April 2018.

By: /s/ Geoffrey A. Ballotti

Geoffrey A. Ballotti