FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number:	3235-0287				
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ours per respons	e 0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
Name and Address of Reporting Person* Deoras Mukul				2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director Officer (give title below) Other (specify below)						
(Last) (First) (Middle) C/O WYNDHAM HOTELS & RESORTS, INC., 22 SYLVAN WAY			3. Date of Earliest Transaction (Month/Day/Year) 06/01/2018												
PARSIPPANY, NJ 07054			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acqui						ired, Disposed of, or Beneficially Owned					
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if Code (Instr. 8) (Month/Day/Year)		•	(A) or Disposed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			Ownership Form: H Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Co	de	V	Amoun	(A) or (D)	Price	e			(I) (Instr. 4)	(444444)
Common Stock 06/01/201		06/01/2018		A	1		2,442 (1)	A	\$ 0	2,442			D		
Reminder:	Report on a s	eparate line fo		Derivative Securi	ties Acq	quire	Perso conta the fo	ons whained in	o responsible this for splays a	orm are curre	e not requently valid	OMB con	formation spond unle trol numbe	ss	1474 (9-02)
1 Title of	2	2 Tuomanation	,	e.g., puts, calls, w		s, op						Q Dries of	O. Nivershore	e 10	11 Notum
Security		3. Transaction Date (Month/Day/\(^\)	Execution Da Year) any	4. Transaction Code (Instr. 8)	5. Number of Deriva Securit Acquir (A) or Dispos of (D) (Instr. 4, and	tive ties red sed	and Expiration Date (Month/Day/Year) Get Sec (Ins. 4)		itle and ount of derlying urities tr. 3 and	Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	(Instr. 4)		
				Code V	(A)	(D)	Date Exerc		Expiration Date	On Titl	Amount or Number of Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address		10% Owner	Officer	Other		
Deoras Mukul C/O WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054	X					

Signatures

/s/ Paul F. Cash as Attorney-in-Fact for Mukul Deoras	06/04/2018
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Restricted stock units granted on June 1, 2018 under the Wyndham Hotels & Resorts, Inc. 2018 Equity and Incentive Plan. The units vest in four equal installments on each (1) of the first four anniversaries of June 1, 2018, subject to the reporting person's continuous service with the Registrant. The reporting person will receive one share of common stock for each vested restricted stock unit.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.