FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person* Cash Paul F				2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Gen. Counsel & Corp. Sec.					
(Last) (First) (Middle) C/O WYNDHAM HOTELS & RESORTS, INC., 22 SYLVAN WAY				3. Date of Earliest Transaction (Month/Day/Year) 06/19/2018								Gen. C	ounsel & C	orp. Sec.		
(Street) PARSIPPANY, NJ 07054				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui						ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		f Coo (Ins	(Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Reported Transaction(s) (Instr. 3 and 4) Ownershi Form: Direct (D or Indirect (I)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common	Stock		06/19/2018				F		814		\$ 61.5	3,197 (2)		D	
Common Stock											18,798 ⁽³⁾			D		
Reminder:	Report on a s	separate line for	r each class of secur	Derivative :	Securi	ties A	equire	Pers cont the f	ons wi ained i orm di	no respo n this for splays a of, or Ber	rm are curre reficia	e not requently valid	ction of inf uired to res OMB conf	spond unle	ess	1474 (9-02)
1. Title of	2	3. Transaction		<i>e.g.</i> , puts, o	alls, w	arran 5.	ts, opt					itle and	8 Price of	9. Number	of 10.	11. Natur
	Conversion or Exercise Price of Derivative Security	Date	Execution Da (Year) any	te, if Code Year) (Instr. 8)				and Expiration Date (Month/Day/Year) A U Se		Am Und Sec	nount of derlying curities str. 3 and	Derivative Security (Instr. 5)		Owners Form o Derivat Securit Direct (or India	hip of Indired Beneficia Ownersh (Instr. 4) D)	
				Code	e V	(A)		Date Exer	e rcisable	Expiratio Date	n Titl	Amount or Number of Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Cash Paul F C/O WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054			Gen. Counsel & Corp. Sec.				

Signatures

/s/ Paul F. Cash	06/21/2018
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Common stock withheld as payment toward the tax liability incident to the vesting of performance vested restricted stock units granted in accordance with Rule 16b-3 and delivery of shares in respect thereof.
- (2) Includes previously reported shares of common stock.
- (3) Restricted stock units as previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.