FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																		
1. Name and Address of Reporting Person* Rossi Nicola				2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) Chief Accounting Officer								
(Last) (First) (Middle) C/O WYNDHAM HOTELS & RESORTS, INC., 22 SYLVAN WAY				3. Date of Earliest Transaction (Month/Day/Year) 06/19/2018									Chief	Accounting	Offic	er				
PARSIPPANY, NJ 07054				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person								
(City)	(State)		(Zip)			T	able I -	- Non	-Deri	ivative	Securitie	s Ac	quir	ed, Dispo	osed of, or l	Beneficially	Owne	ed	
1.Title of Security (Instr. 3)			Date		Exec any	Deemed cution Date, i		(Instr. 8)		ction	(A) or	1. Securities Acquired (A) or Disposed of (D Instr. 3, 4 and 5)		D) Beneficially		t of Securities ly Owned Following Fransaction(s)		Form	n: of B	7. Nature of Indirect Beneficial Ownership
					(Moi	im/Day/	r ear		ode	V	Amour	(A) or (D)	Pric	Ì	instr. 5 a	or (I)			direct (I	nstr. 4)
Common	Common Stock 06/19/2018		9/2018]	F	943 (1) D \$ 61.5		.5	1,219 (2)			D						
Common Stock												1	16,985	<u>(3)</u>		D				
				Table II - I					quire	conta the fo	ained i orm di sposed	n this fo splays a of, or Be	orm a a cur enefic	are irent	not requ tly valid	ction of inf iired to res OMB con	spond unle		SEC 14	74 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		3A. Deemed Execution Date,		4. Transaction Code (Instr. 8)		5.		and Expiration Date (Month/Day/Year)			7. A U Se (I	7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number o Derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	y C F S S C o n(s) (I	0. Ownership Form of Derivative Decurity: Direct (D) or Indirect I) Instr. 4)	Beneficia Ownersh (Instr. 4)
						Code	V	(A)	(D)	Date Exer	cisable	Expiration Date	on T	itle	Amount or Number of Shares					
Repor	ting O	wners																		

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Rossi Nicola C/O WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054			Chief Accounting Officer				

Signatures

/s/ Paul F. Cash as Attorney-in-Fact for Nicola Rossi	06/21/2018
-**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Common stock withheld as payment toward the tax liability incident to the vesting of performance vested restricted stock units granted in accordance with Rule 16b-3 and delivery of shares in respect thereof.
- (2) Includes previously reported shares of common stock.
- (3) Restricted stock units as previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.