UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934 (Amendment No.)

Filed by	y the Re	gistrant			
Filed by	y a Party	v other than the Registrant \square			
Check t	Preliminary Proxy Statement Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2)) Definitive Proxy Statement Definitive Additional Materials Soliciting Material Pursuant to §240.14a-12				
		Wyndham Hotels & Resorts, Inc.			
		(Name of Registrant as Specified In Its Charter)			
		(Name of Person(s) Filing Proxy Statement, if other than the Registrant)			
Paymer ⊠	No fee	ng Fee (Check the appropriate box): required. mputed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11. Title of each class of securities to which transaction applies:			
	(2)	Aggregate number of securities to which transaction applies:			
	(3)	Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):			
	(4)	Proposed maximum aggregate value of transaction:			
	(5)	Total fee paid:			
	Check	id previously with preliminary materials. box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify evious filing by registration statement number, or the Form or Schedule and the date of its filing. Amount Previously Paid:			
	(2)	Form, Schedule or Registration Statement No.:			
	(3)	Filing Party:			
	(4)	Date Filed:			

*** Exercise Your Right to Vote ***

Important Notice Regarding the Availability of Proxy Materials for the Shareholder Meeting to Be Held on May 14, 2019.

WYNDHAM HOTELS & RESORTS, INC.



WYNDHAM HOTELS & RESORTS, INC. ATTN: EVA JOSEPH 22 SYLVAN WAY PARSIPPANY, NJ 07054

Meeting Information

Meeting Type: Annual Meeting For holders as of: March 22, 2019 Date: May 14, 2019 Time: 11:30 AM Location: Wyndham Hotels & Resorts 22 Sylvan Way

Parsippany, NJ 07054

You are receiving this communication because you hold shares in the company named above.

This is not a ballot. You cannot use this notice to vote these shares. This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. You may view the proxy materials online at www.proxyvote.com, by scanning the QR Barcode on the reverse side, or easily request a paper copy (see reverse side).

We encourage you to access and review all of the important information contained in the proxy materials before voting.

See the reverse side of this notice to obtain proxy materials and voting instructions.

Before You Vote

How to Access the Proxy Materials

Proxy Materials Available to VIEW or RECEIVE:

NOTICE AND PROXY STATEMENT 2018 ANNUAL REPORT TO SHAREHOLDERS

How to View Online:

Have the information that is printed in the box marked by the arrow ->XXXX XXXX XXXX XXXX (located on the following page) and visit: www.proxyvote.com, or scan the QR Barcode below.

How to Request and Receive a PAPER or E-MAIL Copy:

If you want to receive a paper or e-mail copy of these documents, you must request one. There is NO charge for requesting a copy. Please choose one of the following methods to make your request:

1) BY INTERNET: www.proxyvote.com 2) BY TELEPHONE: 1-800-579-1639 3) BY E-MAIL*: sendmaterial@proxyv

sendmaterial@proxyvote.com

* If requesting materials by e-mail, please send a blank e-mail with the information that is printed in the box marked by the arrow → XXXX XXXX XXXX XXXX (located on the following page) in the subject line.

Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment advisor.

Please make the request as instructed above on or before April 30, 2019 to facilitate timely delivery.

How To Vote

Please Choose One of the Following Voting Methods



Vote In Person: Many shareholder meetings have attendance requirements. Please check the meeting materials for any special requirements for meeting attendance. At the meeting, you will need to request a ballot to vote these shares.

Vote By Internet: Go to www.proxyvote.com or from a smartphone, scan the QR Barcode above. Have the information that is printed

Vote By Mail: You can vote by mail by requesting a paper copy of the materials, which will include a proxy card.

Voting Items

The Board of Directors recommends you vote $\underline{\mathsf{FOR}}$ the election of each Class I Director nominee:

- 1. Nominees:
 - 01) Mukul V. Deoras
 - 02) Brian Mulroney

The Board of Directors recommends you vote FOR Proposal 2:

2. To vote on an advisory resolution to approve our executive compensation

The Board of Directors recommends you vote <u>1 YEAR</u> on Proposal 3:

3. To vote on an advisory resolution on the frequency of the advisory vote on our executive compensation

The Board of Directors recommends you vote FOR Proposal 4:

 To vote on a proposal to ratify the appointment of Deloitte & Touche LLP to serve as our independent registered public accounting firm for fiscal year 2019

NOTE: To transact any other business that may be properly brought before the meeting or any adjournment or postponement of the meeting.