## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Ballotti Geoffrey A			2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC.							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)								
Banour Geofficy A				[WH]							X_ Director10% Owner							
TENTO TO TELL A CETTO OFFICE OF OFFICE OFFICE				3. Date of Earliest Transaction (Month/Day/Year) 02/27/2020								Pr	esident and	CEO				
(Street) PARSIPPANY, NJ 07054				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person							
(Cita) (State) (7:in)									lired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any			4. Securities Acquir (A) or Disposed of (Instr. 3, 4 and 5)			d of (D)	Beneficia	nt of Securiti lly Owned F Transaction	Following	6. Ownershi Form:	7. Nature of Indirect Beneficial				
				(Month/Day/Yea	r) Co	de	V	Amoun	(A) or (D)	Price	(Instr. 3 a	and 4)		Direct (D) or Indirect (I) (Instr. 4)				
Common	ARSIPPANY, NJ 07054  (City) (State)  Title of Security str. 3)  Title of Stock  Dammon Stock  Dammon Stock  Title of Z. Conversion or Exercise (Month/Date or Exercise (Month/Date or Exercise)		02/27/2020		A	A		9,534 (1) 4,696 (3)	A	\$ 0	202,365 <sup>(2)</sup> 197,669 <sup>(2)</sup>			D				
Common Stock  Common Stock  Common Stock			02/27/2020		F	7			D	\$ 50.69				D				
Common Stock										101,275	01,275 <sup>(4)</sup>		D					
Reminder:	Report on a s	separate line f	Table II - 1	Derivative Secur	ities Acc	quire	Pers cont the f	ons whatined in the contract of the contract o	no resp n this f splays	orm are a curre	e not requently valid	OMB con	formation spond unle trol numbe	ess	C 1474 (9-02)			
1. Title of	2.	3. Transactio		e.g., puts, calls, v	5.	s, op		ate Exer			itle and	8. Price of	9. Number	of 10.	11. Natu			
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative	se (Month/Day/Year) any (Month/Day/Year) Code (Instr. 8)			ative ties red sed 3,	and	Expiration Date nth/Day/Year)		Am Und Sec	ount of derlying urities tr. 3 and		Derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Owner Form Ouriva Securi Direct or Ind	ship of Indire Benefici Ownersh ty: (Instr. 4)				
				Code V	(A)	(D)	Date Exe		Expirat Date	ion Titl	Amount or Number of Shares							

#### **Reporting Owners**

	Reporting Owner Name / Address			Relationships								
Reporting (				Officer	Other							
Ballotti Geoffrey WYNDHAM HO 22 SYLVAN WA PARSIPPANY, N	TELS & RESORTS, INC. Y	X		President and CEO								

### **Signatures**

/s/ Paul F. Cash as Attorney-in-Fact for Geoffrey A. Ballotti	03/02/2020	)						
**Signature of Reporting Person	Date							

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Common stock acquired under the Issuer's 2018 Equity and Incentive Plan on vesting of previously-granted restricted stock units which vested on February 27, 2020.
- (2) Includes shares of common stock previously reported.
- (3) Common stock withheld as payment of tax liability incident to the vesting of restricted stock units granted in accordance with Rule 16b-3.
- (4) Restricted stock units previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.