## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *				2. Issuer Name and Ticker or Trading Symbol							5. Relationship of Reporting Person(s) to Issuer						
Ballotti Geoffrey A				WYNDHAM HOTELS & RESORTS, INC. [WH]							(Check all applicable)  X Director 10% Owner  X Officer (give title below) Other (specify below)  President and CEO						
	<i>'</i>	(First) ELS & RE WAY	(Middle) SORTS,	3. Date of Earl 06/01/2020	iest '	Transac	ction	ı (Mo	onth/Day	y/Year)			PI	esident and	CEO		
PARSIPI	PANY, NJ	(Street) 07054		4. If Amendme	ent, I	Date Or	rigin	al Fi	iled(Montl	h/Day/Yea	r)	_X_ Form fil	ual or Joint/eled by One Repo	orting Person			Line)
(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any				(A)		. Securities Acquired A) or Disposed of (D) Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Following	Ownership Form:		7. Nature of Indirect Beneficial	
			(Month/Day/Year)		Code	e	V	Amoun	(A) or (D)	Price	(Instr. 3 a	: 3 and 4)		\ /		Ownership Instr. 4)	
Common Stock		06/01/2020			A			10,179 (1)	9 A	\$ 0	217,848	217,848 (2)		D			
Common Stock		06/01/2020			F			5,014 (3)	D	\$ 48.42	212,834	212,834 (2)		D			
Common Stock											91,096	<u>(4)</u>		D			
Reminder:	Report on a s	separate line f		Derivative Secu	ritie	es Acqı	irec	Persont he f	ons whatined in the contract of the contract o	no resp n this f splays	orm ai a curre	re not requently valid	ction of inf uired to res I OMB con	spond unle		SEC 1	174 (9-02)
1. Title of	2.	3. Transactio		e.g., puts, calls,	wai				ate Exer			) Fitle and	8. Price of	9. Number	of	10.	11. Natur
	e Conversion or Exercise Price of Derivative Security		Date Execution Date,		on N					An Un Sec	nount of derlying curities str. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	ly n(s)	Ownershi Form of Derivative Security: Direct (D) or Indirec (I) (Instr. 4)	of Indirect Beneficia Ownershi (Instr. 4)	
				Code	V	(A) (I		Date Exer		Expirat Date	ion Tit	Amount or Number of Shares					

### **Reporting Owners**

		Re	elationships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Ballotti Geoffrey A WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054	X		President and CEO	

### **Signatures**

/s/ Paul F. Cash as Attorney-in-Fact for Geoffrey A. Ballotti	06/03/2020
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Common stock acquired under the Issuer's 2018 Equity and Incentive Plan on vesting of previously-granted restricted stock units which vested on June 1, 2020.
- (2) Includes shares of common stock previously reported.
- (3) Common stock withheld as payment of tax liability incident to the vesting of restricted stock units granted in accordance with Rule 16b-3.
- (4) Restricted stock units previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.