FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* Falvey Mary R				2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) Chief Administrative Officer					
(Last) (First) (Middle) WYNDHAM HOTELS & RESORTS, INC., 22 SYLVAN WAY				3. Date of Earliest Transaction (Month/Day/Year) 06/01/2020							Chief P	<u>Xammstrauv</u>	e Officer		
PARSIPPANY, NJ 07054				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui						ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	•	if Code (Instr. 8)		on 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			Form:	7. Nature of Indirect Beneficial		
			(Month/Day/Year)	Code	V	Amour	(A) or (D)	Price	(Instr. 3 a	nstr. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Common Stock		06/01/2020		A		6,107 (1)	A	\$ 0	122,012 (2)		D				
Common Stock		06/01/2020		F		2,264 (3)	D	\$ 48.42	119,748 (2)		D				
Common Stock									49,372	<u>(4)</u>		D			
Reminder:	Report on a s	separate line f		Derivative Securit	ies Acqui	Person the	sons witained if form di	ho resp in this f splays of, or B	orm are a curre	e not requently valid	ction of inf uired to res OMB con	spond unle	ess	1474 (9-02)	
1. Title of	2.	3. Transactio			5.					itle and	8. Price of	9. Number	of 10.	11. Natur	
	Conversion or Exercise Price of Derivative Security	Exercise (Month/Day/Year) any (Month/Day/Year) ivative	te, if Transaction Code ('ear) (Instr. 8)	Code of		(Month/Day/Year) US		Am Und Sec	ount of derlying urities ttr. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	hip of Indirect Beneficia Ownershi (Instr. 4) D) ect		
				Code V	(A) (D)		e ercisable	Expirat Date	ion Titl	Amount or e Number of Shares					

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Falvey Mary R WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054			Chief Administrative Officer					

Signatures

/s/ Paul F. Cash as Attorney-in-Fact for Mary R. Falvey		06/03/2020)			
Signature of Reporting Person		Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Common stock acquired under the Issuer's 2018 Equity and Incentive Plan on vesting of previously-granted restricted stock units which vested on June 1, 2020.
- (2) Includes shares of common stock previously reported.
- (3) Common stock withheld as payment of tax liability incident to the vesting of restricted stock units granted in accordance with Rule 16b-3.
- (4) Restricted stock units previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.