FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * CHURCHILL BRUCE				2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director Officer (give title below) Other (specify below)					
(Last) (First) (Middle) WYNDHAM HOTELS & RESORTS, INC., 22 SYLVAN WAY				3. Date of Earliest Transaction (Month/Day/Year) 02/12/2021												
(Street) PARSIPPANY, NJ 07054				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui						ired, Disposed of, or Beneficially Owned						
1.Title of S (Instr. 3)	tr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year) 3. Transa Code (Instr. 8)		(A) or Disposed of			red 5. Amount of Securities (D) Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		ollowing	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						+	ode	V	Amour	<u> </u>	Price	(2			(Instr. 4)	
Common Stock 02/12/2021					A		573 <u>(1</u>	JA	\$ 0	9,113 (2	1		D			
Common	Stock											4,523 (3)			D	
				Derivative S			equire	conta the fo	ained in orm dis sposed	n this for splays a c	m are curre	e not requ ntly valid	OMB con	formation spond unle trol numbe	ss	1474 (9-02)
1. Title of	2.	3. Transactio		e.g., puts, ca	ilis, w	arran 5.	ts, op	·	te Exer		T	itle and	8 Price of	9. Number	of 10.	11. Natu
	Conversion or Exercise Price of Derivative Security	Date	Year) Execution Da	e, if Transaction Number of Code (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		vative rities ired r osed) . 3,	(Month/Day/Year) US		Am Und Sec	ount of lerlying urities tr. 3 and	(Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	of Indirect Beneficia Ownershi (Instr. 4)		
				Code	V	(A)	(D)	Date Exerc		Expiration Date	Title	Amount or Number of Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
CHURCHILL BRUCE WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054	X					

Signatures

/s/ Paul F. Cash as Attorney-in-Fact for Bruce B. Churchill	02/17/2021
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Deferred stock units issued for quarterly retainer fees and dividends. Each deferred stock unit entitles the reporting person to receive one share of common stock following the reporting person's retirement or termination of service from the Board of Directors.
- (2) Includes deferred stock units previously reported.
- (3) Restricted stock units previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.