## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)  1. Name and Address of Reporting Person * Falvey Mary R				2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]							5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)  Director Officer (give title below)  To other (specify below)  Former Officer						
HAD IDILLA CHOREL C & DECOREC				3. Date of Earliest Transaction (Month/Day/Year) 02/27/2021									ronner Om	cer			
(Street) PARSIPPANY, NJ 07054				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person  _Form filed by More than One Reporting Person						
(City	)	(State)	(Zip)		Т	able I	- Non	-Der	ivative	Securitie	es Acqu	uired, Disp	osed of, or l	Beneficially	Owned		
(Instr. 3)		2. Transaction Date (Month/Day/Year)	Execut any	ecution Date, if		(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Beneficially Owned Following Reported Transaction(s)			Ownership of Form:		eneficial		
			(Month/Day/Year)			ode	V	Amour	(A) or (D)	Price	(Instr. 3 a	3 and 4)		\ /		wnership nstr. 4)	
Common Stock		02/27/2021				A		10,62 (1)	9 A	\$ 0	99,199	99,199 (2)		D			
Common Stock		02/27/2021				F		3,766 (3)		\$ 65.28	95,433	,433 <sup>(2)</sup>		D			
Common Stock											38,743	<u>(4)</u>		D			
Reminder:	Report on a s	separate line fo	Table II -	Derivat	•	ties A	cquire	Pers cont the f	ons what ained it form dis	no responding this for this for the splays and of, or Be	orm an a curro eneficia	re not requently valid	OMB con	formation spond unle trol numbe	ess	EC 14	74 (9-02)
1. Title of	2.	3. Transactio		<u>e.g., pu</u>		5.	ts, opi					) Fitle and	8 Price of	9. Number	of 10.		11. Natur
Derivative Security	Conversion or Exercise Price of Derivative Security	Conversion Date Execution I (Month/Day/Year) Price of Derivative (Month/Day/Year)		te, if T	ransaction ode			and Expiration Date (Month/Day/Year)			An Un Sec	nount of derlying curities str. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Own Form Derig Secu Direct or In	vative rity: ct (D) direct	
					Code V	(A)	(D)	Date Exer		Expirati Date	on Tit	Amount or Number of Shares					

#### **Reporting Owners**

		Rela	tionships	3
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Falvey Mary R WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054				Former Officer

### **Signatures**

/s/ Paul F. Cash, as Attorney-in-Fact for Mary R. Falvey	03/02/2021
Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Common stock acquired under the Issuer's 2018 Equity and Incentive Plan on vesting of previously-granted restricted stock units which vested on February 27, 2021.
- (2) Includes shares of common stock previously reported.
- (3) Common stock withheld as payment of tax liability incident to the vesting of restricted stock units granted in accordance with Rule 16b-3.
- (4) Restricted stock units previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.