FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

BIBLOWIT MYRA J WYNDHAM HOTELS [WH] 3. Date of Earliest Transaction 06/01/2021 Street) A. If Amendment, Date Origin PARSIPPANY, NJ 07054 (City) (State) (Zip) Table I - Non 1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Code Common Stock Common Stock Common Stock Common Stock Reminder: Report on a separate line for each class of securities beneficially owned directly and the common stock of									
WYNDHAM HOTELS & RESORTS, INC., 22 SYLVAN WAY (Street) A. If Amendment, Date Origin (Appendix 1) (City) (State) (Zip) Table I - Non 1. Title of Security (Instr. 3) (Instr. 3) 2. Transaction Date (Instr. 8) (Month/Day/Year) (Month/Day/Year) (Instr. 4) Code Common Stock Common Stock	2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director Officer (give title below) Control of the Control of t					
PARSIPPANY, NJ 07054 (City) (State) (Zip) Table I - Non 1.Title of Security (Instr. 3) 2. Transaction Date Execution Date, if (Month/Day/Year) (Month/Day/Year) Code Common Stock Common Stock Common Stock Common Stock Table II - Derivative Securities Deneficially owned directive (e.g., puts, calls, warrants, opinomy or Exercise (Instr. 3) 1. Title of Derivative Security Conversion or Exercise (Instr. 3) Price of Derivative Security (Instr. 3) 3. Transaction Date (e.g., puts, calls, warrants, opinomy or Exercise (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, warrants, opinomy or Exercise (Month/Day/Year) (Instr. 3) A Deemed Execution Date, if any (Instr. 8) Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 8)	3. Date of Earliest Transaction (Month/Day/Year) 06/01/2021								
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (Instr. 8) Code (Instr. 8) Code Common Stock Common Stock Common Stock Table II - Derivative Securities Acquired (e.g., puts, calls, warrants, op of Derivative Security Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (A) or Disposed of (D) (Instr. 3) (Month/Day/Year)	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person			
Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Code (Instr. 8)	ı-Derivative Sec	tive Securities	Acqui	ired, Dispe	osed of, or l	Beneficially	Owned		
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Reminder: Report on a separate line for each class of securities beneficially owned direct Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, opton or Exercise (Instr. 3) Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, opton or Exercise (Month/Day/Year) A. Deemed Execution Date, if any (Month/Day/Year) Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 3)	631 (1)	31 <u>(1)</u> A	\$ 0	76,587	<u>2)</u>		D		
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Code V (A) (D)	ptions, convertible securitie 6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable and Expiration Date (Month/Day/Year) Exercisable Expiration Date		7. Ti Amo Undo Secu (Inst 4)	Amount or Number of Shares	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form of Derivati Security Direct (I or Indire	Beneficia Ownersh (Instr. 4)	

Reporting Owners

Reporting Owner Name / Address		Relationships					
		10% Owner	Officer	Other			
BIBLOWIT MYRA J WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054	X						

Signatures

/s/ Paul F. Cash as Attorney-in-Fact for Myra J. Biblowit	
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06/03/2021

**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Deferred stock units and accrued dividends issued under the Issuer's 2018 Equity and Incentive Plan on vesting of previously-granted restricted stock units which vested on June 1, 2021.
- (2) Includes deferred stock units previously reported.
- (3) Restricted stock units previously reported.
- (4) Shares of common stock previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.