FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response															
1. Name and Address of Reporting Person* BUCKMAN JAMES E				2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director Officer (give title below) Officer (give title below)					
(Last) (First) (Middle) WYNDHAM HOTELS & RESORTS, INC., 22 SYLVAN WAY				3. Date of Earliest Transaction (Month/Day/Year) 06/01/2021												
(Street) PARSIPPANY, NJ 07054				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person						
(City	<i>'</i>)	(State)	(Zip)		1	able I	- Non	-Deri	ivative :	Securities	Acqui	ired, Disp	osed of, or l	Beneficially	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	any	emed ion Date, if n/Day/Year)	if Co	(Instr. 8)		4. Securities Acqu (A) or Disposed o (Instr. 3, 4 and 5)		of (D)	Beneficia Reported	icially Owned Following ted Transaction(s) 3 and 4)		Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
				(Wollin/Bay/Tear)			Code	V Am		(A) or (D)	Price	(mgur b u				(Instr. 4)
Common	Stock		06/01/2021				A		631 ⁽¹	L) A	\$ 0	69,889	(2)		D	
Common Stock											4,501 (3	Ţ		D		
Commor	Stock											8,247 ⁽⁴⁾		D		
			Table II - I				cquire	conta the fo	ained i orm dis	n this for splays a c	m are curre eficial	not requesting ntly valid	ction of int uired to res OMB con	spond unle	ess	1474 (9-02)
	Title of Derivative Conversion or Exercise (Month/Day/Year) any		n 3A. Deemed Execution Date	te, if 4. Tran	nsaction	5.		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date Expiration Date Date Date Exercisable Date		7. T Amo Und Secu (Inst 4)	Amount or Number of	Derivative Security (Instr. 5)	9. Number Derivative Securities Beneficiall Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	Benefici Ownersh (Instr. 4)	

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
BUCKMAN JAMES E WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054	X					

Signatures

/s/ Paul F. Cash as Attorney-in-Fact for James E. Buckman	
---	--

**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Deferred stock units and accrued dividends issued under the Issuer's 2018 Equity and Incentive Plan on vesting of previously-granted restricted stock units which vested on June 1, 2021.
- (2) Includes deferred stock units previously reported.
- (3) Restricted stock units previously reported.
- (4) Shares of common stock previously reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.