## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)							1					
1. Name and Address of Reporting Person *- RICHARDS PAULINE				2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)					
(Last) (First) (Middle) WYNDHAM HOTELS & RESORTS, INC., 22 SYLVAN WAY			3. Date of Earliest Transaction (Month/Day/Year) 07/30/2021											
(Street) PARSIPPANY, NJ 07054			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, i any (Month/Day/Year	(Instr. 8)	ction	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Following	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership	
			(Monun Day/ 1 car	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)			or Indirect (I) (Instr. 4)	(Instr. 4)	
Common Stock		07/30/2021		A		472 (1)	A	\$ 72.06	10,160 (2)		D			
Common Stock			07/30/2021		A		111 (3)	A	\$ 0	50,519 (4)		D		
Common Stock									4,501	5)		D		
Reminder:	Report on a s	separate line fo		Derivative Securi	ties Acquire	Pers cont the t	sons who tained in form dis	o responding this for plays a	orm are a curre eneficial	not requesting ntly valid	OMB con	formation spond unle trol numbe	ess	1474 (9-02)
(e.g., puts, calls, warrants, options, 1. Title of 2. 3. Transaction 3A. Deemed 4. 5. 6. De									Title and 8. Price of 9. Number			of 10.	11. Nature	
Derivative Security	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Y	Year) Execution Da	te, if Transaction Code Year) (Instr. 8)		and (Mo	Expiration Date onth/Day/Year)		Ame Und Seco	ount of derlying urities tr. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form o  Derivat Securit Direct or India	ship of Indirect f Beneficial ive Ownership y: (Instr. 4)
				Code V	(A) (D)	Date	-	Expiration Date	on Title	Amount or Number of Shares				

#### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address		Officer	Other				
RICHARDS PAULINE WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054	X						

#### **Signatures**

**Signature of Reporting Person	Date	

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Common stock issued for quarterly retainer fees.
- (2) Represents shares of common stock.
- Deferred stock units issued for quarterly dividends. Each deferred stock unit entitles the reporting person to receive one share of common stock following the reporting person's retirement or termination of service from the Board of Directors.
- (4) Represents deferred stock units.
- (5) Represents restricted stock units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.