FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	d Address of		*	2 Issuar Noma	nd Tieker	or Tr	odina Sx	mbol		5. Relation	nship of Rer	orting Perso	on(s) to Issue	r
Name and Address of Reporting Person Melancon Monica				2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [WH]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) Chief Human Resource Officer				
(Last) (First) (Middle) WYNDHAM HOTELS & RESORTS, INC., 22 SYLVAN WAY				3. Date of Earliest Transaction (Month/Day/Year) 02/27/2022							Chief Hi	uman Kesou	rce Officer	
PARSIPPANY, NJ 07054				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	•	f Code (Instr. 8)		1 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			6. Ownership Form: 7.	Beneficial	
			(Month/Day/Year	Code	V	Amour	(A) or nt (D)	Price	(Instr. 3 a	and 4)		` /	Ownership (Instr. 4)	
Common Stock		02/27/2022		A		4,539 (1)	A	\$ 0	5,745 (2)		D			
Common Stock		02/27/2022		F		1,556 (3)	D	\$ 87.37	4,189 (2)		D			
Common Stock									12,929 (4)		D			
Reminder:	Report on a s	separate line f		Derivative Securit	ies Acquir	Personn cont the	sons wi tained i form di isposed	no resp n this fo splays	orm are a curre eneficia	e not requently valid	ction of inf uired to res OMB con	spond unle	ess	1474 (9-02)
1. Title of	2.	3. Transactio			5.	6. Date Exercisable						9. Number of	of 10.	11. Natur
	Conversion or Exercise Price of Derivative Security	rcise (Month/Day/Year) and tive (Month/Day/Year)	(Year) Execution Da	te, if Transaction Code Year) (Instr. 8)			d Expiration Date Month/Day/Year)		Am Und Sec	ount of derlying urities tr. 3 and	Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	hip of Indirect Beneficia Ownershi (Instr. 4)
				Code V	(A) (D)		e rcisable	Expirati Date	Titl	Amount or e Number of Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Melancon Monica WYNDHAM HOTELS & RESORTS, INC. 22 SYLVAN WAY PARSIPPANY, NJ 07054			Chief Human Resource Officer				

Signatures

/s/ Paul F. Cash as Attorney-in-Fact for Monica Melancon		03/01/2022	
**Signature of Reporting Person		Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Common stock acquired under the Issuer's 2018 Equity and Incentive Plan on vesting of previously-granted restricted stock units which vested on February 27, 2022.
- (2) Represents shares of common stock.
- (3) Common stock withheld as payment of tax liability incident to the vesting of restricted stock units granted in accordance with Rule 16b-3.
- (4) Represents restricted stock units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.