FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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|    |    |    |    |   |    |

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| affirmative defense<br>10b5-1(c). See Instr                   |         |       |   |           |  |  |  |
|---|---------|-------|---|-----------|--|--|--|
| 1. Name and Address of Reporting Person*  Ballotti Geoffrey A |         |       | 2. Issuer Name and Ticker or Trading Symbol WYNDHAM HOTELS & RESORTS, INC. [ WH ]  3. Date of Earliest Transaction (Month/Day/Year) |           | tionship of Reporting Person<br>all applicable)<br>Director<br>Officer (give title<br>below) | n(s) to Issuer  10% Owner  Other (specify below) |  |
| (Last) (First) (Middle) WYNDHAM HOTELS & RESORTS, INC.        |         | ` ′   | 02/23/2024  |           | President and CEO  |  |  |
| 22 SYLVAN WA  | Y       |       | 4. If Amendment, Date of Original Filed (Month/Day/Year)  | 6. Indivi | idual or Joint/Group Filing (  | /  |  |
| (Street) PARSIPPANY   | NJ      | 07054 |   |           | Form filed by More than  | One Reporting Person                             |  |
| (City)  | (State) | (Zip) |   |           |  |  |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code (Instr.<br>8) |   | 4. Securities Ad<br>Disposed Of (D |          |         | Securities<br>Beneficially Owned<br>Following Reported | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---------------------------------|--|---|---|---|------------------------------------|----------|---------|--|---|---|
|                                 |  |   | Code                                    | v | Amount                             | [ (A) or |         | Transaction(s)<br>(Instr. 3 and 4)                     |   |   |
| Common Stock                    | 02/23/2024                                 |   | A                                       |   | 49,072(1)                          | A        | \$0     | 324,236(2)   | D   |   |
| Common Stock                    | 02/23/2024                                 |   | F                                       |   | 25,101(3)                          | D        | \$79.49 | 299,135(2)   | D   |   |
| Common Stock                    |  |   |   |   |                                    |          |         | 196,485(4)   | D   |   |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | <br>3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transac<br>Code (Ir<br>8) |   | Derivative<br>Securities (<br>Acquired (A)<br>or Disposed of<br>(D) (Instr. 3, 4<br>and 5) |     | Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amount of<br>Securities Underlying<br>Derivative Security<br>(Instr. 3 and 4) |                                     | Security (Instr. 5) B | derivative<br>Securities<br>Beneficially | Ownership<br>Form:<br>Direct (D) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|--|---|---|---------------------------------|---|--|-----|-------------------------------------|--------------------|--|-------------------------------------|-----------------------|--|----------------------------------|--|
|  |   |   | Code                            | v | (A)  | (D) | Date<br>Exercisable                 | Expiration<br>Date | Title  | Amount<br>or<br>Number<br>of Shares |                       | Transaction(s)<br>(Instr. 4)             |                                  |  |

## Explanation of Responses:

- 1. Common stock acquired under the Company's 2018 Equity and Incentive Plan on vesting of previously granted performance vested restricted stock units ("PSUs") in accordance with Rule 16b-3 which vested on February 23, 2024.
- 2. Represents shares of common stock.
- 3. Common stock withheld as payment of tax liability incident to the vesting of PSUs granted in accordance with Rule 16b-3.
- 4. Represents restricted stock units.

/s/ Paul F. Cash as Attorney-in-Fact for Geoffrey A. Ballotti 02/27/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.