# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) October 26, 2023

# Wyndham Hotels & Resorts, Inc.

(Exact name of registrant as specified in charter)

Delaware		001-38432	82-3356232
(State or other jurisdiction of incorporation)		(Commission File Number)	(IRS Employer Identification No.)
22 Sylvan	Way		
Parsippany,	<b>New Jersey</b>		07054
(Address of principal executive offices)			(Zip Code)
	Registrant's	s telephone number, including area code (973) 7	<u>53-6000</u>
		None	
(1	Former name or former	address, if changed since last report.)	
Check the appropriate under any of the follo		m 8-K filing is intended to simultaneously satis	fy the filing obligation of the registrant
□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)			
□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)			
	•	oursuant to Rule 14d-2(b) under the Exchange A	
□ Pre-commencer	ment communications	bursuant to Rule 13e-4(c) under the Exchange A	ct (17 CFR 240.13e-4(c))
Securities registered pursuant to		-	
Title of each class		Trading Symbol(s)	Name of each exchange on which registered
Common Stock, par value S	0.01 per share	WH	New York Stock Exchange
chapter) or Rule 12b-2 of the S  Emerging growth company □  If an emerging growth compan	ecurities Exchange Act	of 1934 (§240.12b-2 of this chapter).	05 of the Securities Act of 1933 (§230.405 of this extended transition period for complying with any . 0

#### Item 7.01. Regulation FD Disclosure.

On October 26, 2023, the Company posted a new investor presentation on its investor relations website at www.investor.wyndhamhotels.com.

The information included in this Item 7.01 shall not be deemed "filed" for the purposes of or otherwise subject to the liabilities under Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"). Unless expressly incorporated into a filing of the Company under the Securities Act of 1933, as amended, or the Exchange Act made after the date hereof, the information contained in this Item 7.01 hereto shall not be incorporated by reference into any filing of the Company, whether made before or after the date hereof, regardless of any general incorporation language in such filing.

## **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

## WYNDHAM HOTELS & RESORTS, INC.

Date: October 26, 2023 By: /s/ Nicola Rossi

Nicola Rossi

Chief Accounting Officer