Form 144 Filer Information

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

FORM 144

| 144: Filer Information | | |
|--------------------------------|---|--|
| Filer CIK | 0001397086 | |
| Filer CCC | XXXXXXXX | |
| Is this a LIVE or TEST Filing? | ● LIVE © TEST | |
| Submission Contact Information | | |
| Name | | |
| Phone | | |
| E-Mail Address | | |
| 144: Issuer Information | | |
| Name of Issuer | WYNDHAM HOTELS & RESORTS, INC. | |
| SEC File Number | 001-38432 | |
| Address of Issuer | 22 SYLVAN WAY PARSIPPANY NEW JERSEY 07054 | |

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

973-753-7791

Ballotti Geoffrey A

Relationship to Issuer Officer

144: Securities Information

Name of Person for Whose Account the

Securities are To Be Sold

Phone

| Title of the Class of Securities To Be Sold | Common |
|--|--|
| Name and Address of the Broker | Merrill Lynch 194 Wood Ave South Iselin NJ 08830 |
| Number of Shares or Other Units To Be Sold | 26650 |
| Aggregate Market Value | 2305327.00 |
| Number of Shares or Other Units Outstanding | 76997642 |
| Approximate Date of Sale | 05/15/2025 |
| Name the Securities Exchange | NYSE |

| 144. Goddings to Be Gold | | |
|---|---|--|
| Title of the Class | Common | |
| Date you Acquired | 02/25/2020 | |
| Nature of Acquisition Transaction | Stock Option | |
| Name of Person from Whom Acquired | Geoffrey Ballotti | |
| Is this a Gift? | Date Donor Acquired | |
| Amount of Securities Acquired | 261932 | |
| Date of Payment | 05/15/2025 | |
| Nature of Payment | Stock Option | |
| thereto the nature of the consideration give installments describe the arrangement and s | ment therefor was not made in cash at the time of purchase, explain in the table or in a note on. If the consideration consisted of any note or other obligation, or if payment was made in tate when the note or other obligation was discharged in full or the last installment paid. Securities of the issuer sold during the past 3 months by the person for whose account the | |
| 144: Securities Sold During The Past 3 Months | | |
| Nothing to Report | | |
| 144: Remarks and Signature | | |
| Remarks | | |
| Date of Notice | 05/15/2025 | |
| Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1 | 12/16/2024 | |
| ATTENTION: | | |

44. Securities To Be Sold

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Geofrey Ballotti

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)